



Please DO NOT use Genetically Modified Seeds(GM or GMO). Ask your seed provider and if they cannot give you written proof, do not buy the seed.

Try to save your own seed that you know is safe and you will get more money for your vegetables if they are organically grown, which means no pesticide use for the previous 5 years.

Kabocha Squash

- Also known as Japanese Pumpkin

- 1** Till or turn over the soil in the garden bed. Add 2 inches of compost and dig it into the soil. Prepare to plant in May or early June. Kabocha pumpkins require 75 to 80 days of warm, frost-free weather to develop from seed to harvest.
- 2** Make three holes 1 inch apart and 1 inch deep with your index finger. Drop one seed into each hole and cover with 1 inch of soil. Only one plant will remain after thinning, but it's a good idea to plant extras and select the strongest plant.
- 3** Plant additional groups of three seeds 8 feet apart along the garden bed. Kabocha pumpkins spread out along the ground and require a large growing area.

- 4 Water the kabocha pumpkin seeds after planting. Keep the soil damp during germination and through the growing season. Water the soil when the top inch starts to dry out.
- 5 Remove the two weaker plants from each group, keeping the strongest one when the seedlings are 1 to 2 inches tall.
- 6 Clear weeds from the pumpkin patch by hand. Winter squash plants have shallow root systems that can be damaged by hoes or other weeding tools.
- 7 Harvest kabocha pumpkins 75 to 80 days after planting. The tough outer shell should harden completely before [harvesting](#). Clip the fruit from the vine 1 inch above the top of the pumpkin.

Read more: http://www.ehow.com/how_8191277_grow-kabocha-pumpkin-vines.html#ixzz2sz1u6QWc